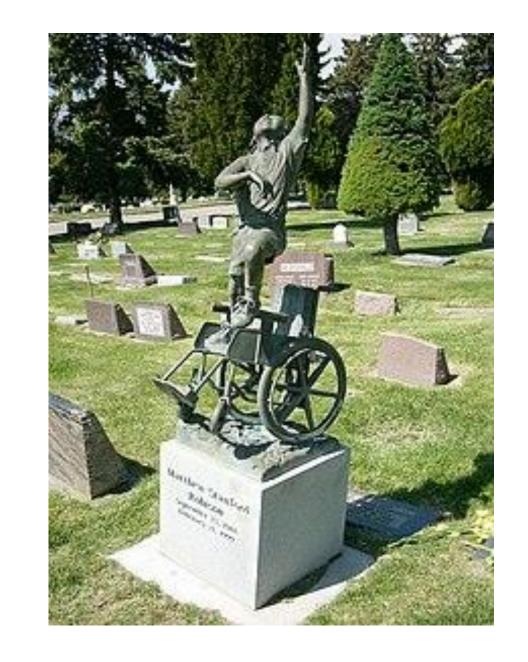




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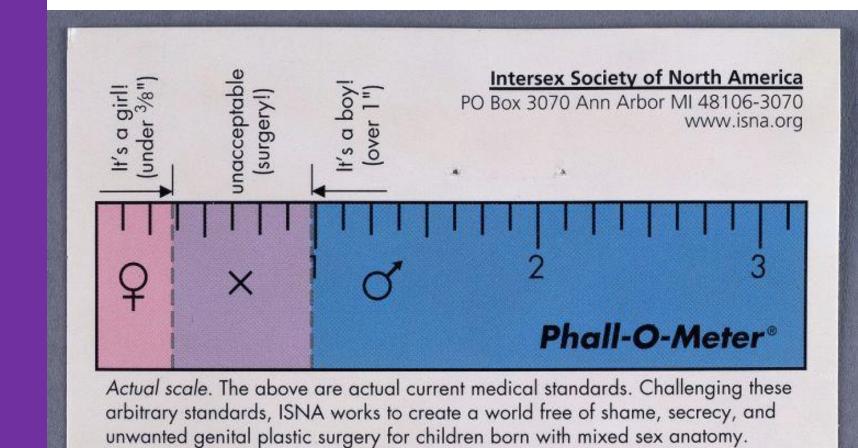


Reflection:

- Consider what it would mean to you to have a person close to you disclose that they are gender diverse?
- Don't be a therapist about it.
- Sibling
- Parent
- Child
- Partner
- Colleague

Some myths about bodies:

Genitals = biological sex



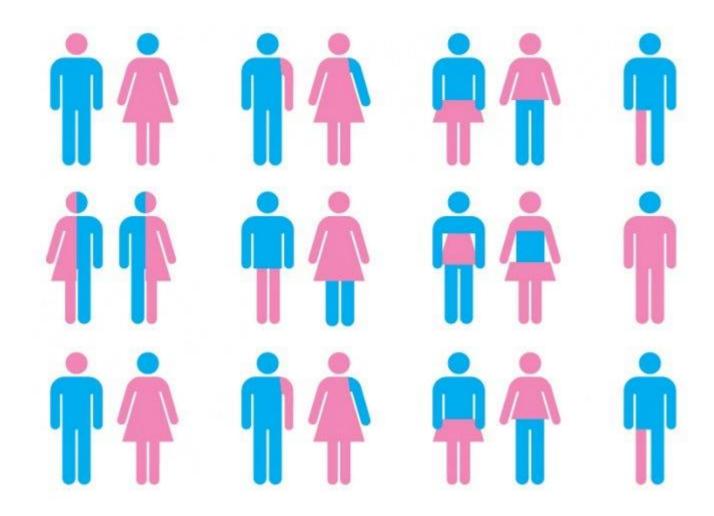
Some myths about bodies:

The penis makes the man

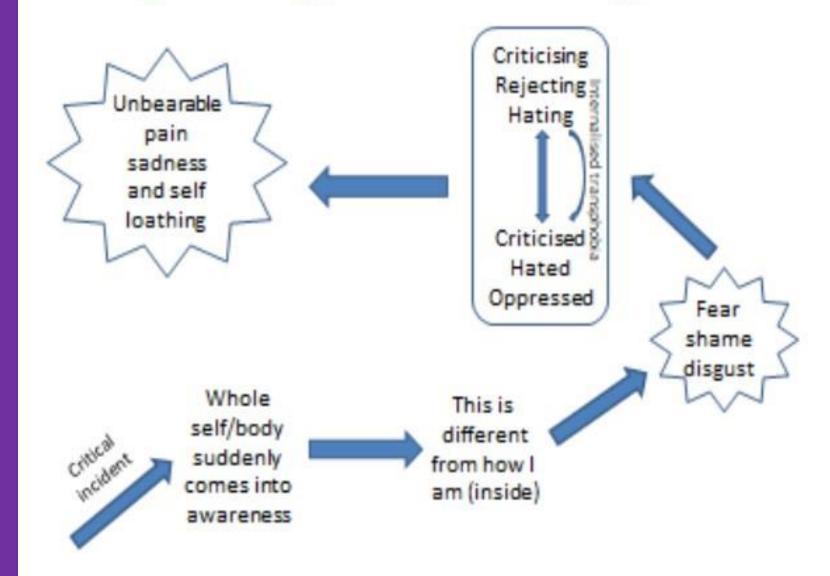


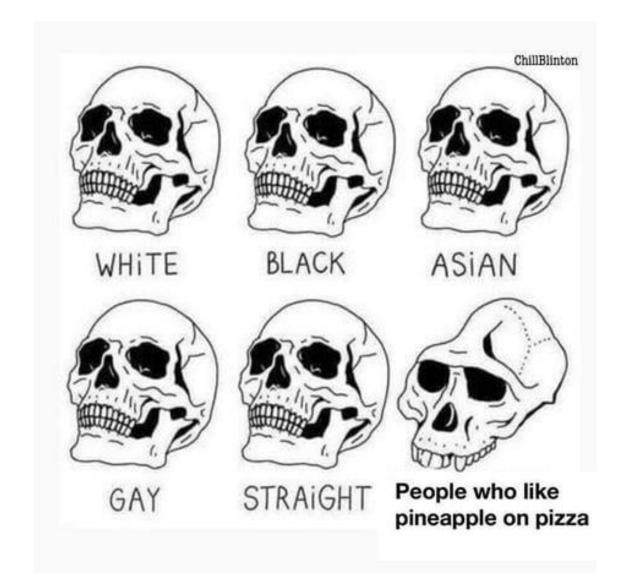
Some myths about bodies:

Cis is the goal



Rejecting and Hating RRP







The Autism Spectrum

Child & Adolescent Psychological Evaluations, LLC

Matt Lowry, LPP

Proprioception

Sensing Body Position, Dancing, Walking on Tiptoes, Spinning Dyspraxia

Exteroception

Sensing the Outside World Hypersensitive or Hyposensitive

Stims

Energy Regulation, Repetitive Movements Sensory Seeking

SPINs

SPecial INterests, Intense Research, Information Hunger Collections

Interoception

Internal Sense, Hunger, Thirst, Feeling Full, Going to the Bathroom Awareness of Emotions

Emotional Intensity

Meltdowns, Shutdowns, Overload, Situational Mutism, Hyporeactivity

Communication Differences

Echolalia, Palilalia, Echopraxia, Scripting, Eye Contact, Body Language Tangential Conversation Infodumps

Relationship Differences

Rejection Sensitivity, Masking, Bonding through Special Interests

Executive Functioning

Hyperfocus, Demand Avoidance Hygiene, Process Complexity Autistic Inertia, Difficulty Changing Tasks



Misdiagnosis Monday: High-Masking Autism vs. Borderline Personality Disorder

BPD

Emotional upset triggered by attachment injuries

Marked by a pervasive pattern of instability in relationships, self-image, and mood

Intense relationships often marked by idealization & devaluation dynamics

Fear of abandonment

Shame

Mood fluctuations

Self-esteem impacted

Diffuse sense of self

Relationship difficulty

Increased risk of victimization, suicidality & self-harm,

Difficulty regulating intense emotions

Tendency to systematize & categorize

Increased rates of eating disorders & substance abuse

Difficulty with impulse control

Rejection sensitivity

Sense of emptiness

Paranoia

Autism

Emotional upset triggered by change, cognitive overload, & sensory overload

Sensory issues

May struggle with maintaining friendships or develop one intense friend at a time

Repetitive behavior & routines

Special Interests

DR. NEFF MISDIAGNOSIS MONDAY SERIES