

Anna Laws: CAT and Gender Dysphoria



I am a Consultant Clinical Psychologist and sex and gender specialist in the Northern Region Gender Dysphoria Service. It is a national service based in the North of England, which offers psychologically informed medical transition for people with gender dysphoria.

My clinical work involves supporting the people who have the most difficulty with their path through medical transition, because of factors such as complex co-morbidities of physical and mental health, intense social deprivation and neurodiversity. I am privileged to spend a lot of time face to face with trans and non-binary people thinking and talking about their experiences, often over a significant period of time.

I am particularly committed to educating healthcare professionals in gender affirming healthcare in the wider NHS. In my spare time I craft things while sitting in a pile of cats.